

August Menu

Monday – Friday 12 p.m., Reservation required two days in advance, Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 VEGETABLE SOUP SALISBURY STEAK MASHED POTATOES MIXED VEGETABLES WHEAT BREAD BANANA & MILK QFC	2 BLACK BEAN SOUP GRILLED CHICKEN SPRING SALAD MACARONI SALAD RYE BREAD COOKIES & MILK QFC
5 SPLIT PEA SOUP PIZZA TOSSED SALAD W/ CHICKPEAS MANDARIN ORANGES MILK GN KOSHER PIZZA	6 CHICKEN NOODLE SOUP POTATO AND EGG FRITTATA CHEESE, ONIONS & SPINACH TOSSED SALAD W/ CHICKPEAS ROLL FRESH FRUIT & MILK QFC	7 PERSIAN GREEN SOUP ROAST CHICKEN BASMATI RICE SPINACH WHEAT BREAD PEARS MILK SHIRAZRESTAURNT	8 LENTIL SOUP CHICKEN WITH PEPPERS PASTA ITALIAN BLEND VEGETABLES ITALIAN BREAD PUDDING & MILK QFC	9 CREAM OF MUSHROOM SOUP CHICKEN PICATTA RICE PILAF BROCCOLI WHEAT BREAD PINEAPPLE & MILK QFC
12 LENTIL SOUP PIZZA TOSSED SALAD W/ CHICKPEAS PEACHES MILK GN KOSHER PIZZA	13 POTATO CHOWDER SOUP CHICKEN FAJITAS MEXICAN RICE & BEANS TOSSED SALAD TORTILLA PUDDING & MILK QFC	14 ROAST CHICKEN ROAST POTATOES ITALIAN BLEND VEGETABLES WHEAT BREAD APPLESAUCE MILK HOUSE OF SUBS	15 SPLIT PEA SOUP BAKED CHICKEN WHITE RICE BROCCOLI WHEAT BREAD FRUIT CUP & MILK QFC	16 SPINACH & WHITE BEAN SOUP BATTERED FISH TARTAR SAUCE MASHED POTATOES PEAS & CARROTS WHEAT BREAD COOKIES & MILK QFC
19 ROAST CHICKEN ROAST POTATOES SPINACH WHEAT BREAD MANDARINE ORANGES MILK KING KULLEN	20 LENTIL SOUP SWEDISH MEATBALLS W/GRAVY PASTA PEAS & CARROTS WHEAT BREAD ICE CREAM & MILK QFC	21 SPLIT PEA SOUP PIZZA TOSSED SALAD ITALIAN BLEND VEGETABLES PEACHES MILK GNKOSHER PIZZA	22 MINESTRONE SOUP CHICKEN W/HAWAIIAN SAUCE BROWN RICE BROCCOLI WHEAT BREAD PUDDING & MILK QFC	23 JUICE TILAPIA ROASTED POTATOES STRING BEANS TOSSED SALAD ITALIAN BREAD FRESH FRUIT & MILK QFC
26 VEGETABLE SOUP PIZZA TOSSED SALAD W/ CHICKPEAS MIXED FRUIT CUP MILK GN KOSHER PIZZA	27 WHITE BEAN SOUP MEATLOAF W/GRAVY MASHED POTATOES SPINACH WHEAT BREAD FRESH FRUIT & MILK QFC	28 ROAST CHICKEN ROAST POTATOES BROCCOLI WHEAT BREAD PEARS MILK SHIRAZ RESTAURANT	29 LENTIL SOUP BATTERED FISH TARTAR SAUCE MAC&CHEESE PEAS & CARROTS WHEAT BREAD APPLESAUCE & MILK QFC	30 MINESTRONE SOUP CHICKEN BURRITO RANCHERO SAUCE RICE & BEANS BROCCOLI CAKE & MILK QFC

****This program is made possible with funding from the Nassau County Department of Human Services Office for the Aging, The New York State Office for the Aging and the Administration on Aging, and the Town of North Hempstead. Menu approved by M Levine RD